

Tuesday, June 11

4:30 Max – Warmup/Heartbeat Circle

Toss the Name (I believe we have at least one student coming in next week for the first time so this will be good review)

In a larger, more spread out circle, students will say their own name before tossing the ball to another member of the group. Once the ball is caught, the receiver will say “Hi (name)” before announcing their own name and tossing to the next person. Repeat until everyone has said their own name at least twice.

Higher level: Have students *only* say the name of the person who just threw them the ball.

4:45 Jamie – Game #1 Slow Motion Emotion

1. In a bowl, have slips of paper with different emotions written on them.
2. Ask three students to take the stage.
3. Have one of the students draw an emotion from the bowl and show it to the other two.
4. As you slowly count down from 10 to 1, they are to very gradually put that emotion in their bodies and their faces.
5. Have the class guess which emotion they chose and reflect on what gave away that emotion.

5:00 MC – Role Play: Living Independently

As a large group, we will take the “Living Independently Survey”. Then we will discuss our answers. Split up into small groups with a given scenario to create a short role play script based on how to handle it two ways: positive reaction and negative reaction.

5:20 Ben – Game #2: Sausage! (Focus game)

1. Divide the class into two groups, Group A and Group B.
2. Have Group A form a single file line offstage right, and Group B form a single file line offstage left.
3. One person from Group A and Group B will walk toward the center. “A” will face “B” and ask him/her a question. No matter the question, “B” must keep a straight face and answer “sausage”.
4. Then they will exit and a new pair will take the stage.

EXAMPLE:

A: What’s that hanging from your ear?

B: Sausage

A: What’s your sister’s name?

B: Sausage

A: How old are you?

B: Sausage.

5. After everyone has gone, select a few volunteers to go into the “hot seat” and ask him/her several rapid fire questions, in which each response should be “sausage” with a straight face. See if they can get through 8 questions in a row.

5:35 Katie – Devising

Students will be grouped/paired and begin working on sketches. Can use words/dialogue or for students who are less verbal, can connect through movement sequences.

5:55 Jillian – Goodbye Circle

Wednesday, June 12

4:30 Jamie – Heartbeat Circle/Warmup: Music Freeze

Have students walk or move around while playing a song in the background (this can be streamed on your phone). When the music stops, they must freeze and can only start moving when the music starts playing again.

4:45 Max – Game #1: Scene Painting

Students will be asked to describe various rooms in their houses. Ask students to think of everything they can think of, and go around until the list seems exhausted. After having volunteers model, have 3 students at a time come up to the front. Students will stand "off stage" and will make their entrance by walking out and announcing what they are painting into the scene, using their body and hands to help show size/shape. Encourage details. "Right here is a bed. It has two big fluffy pillows and a red blanket. It goes from here to here." Encourage the other students to walk around other items that have been painted into the scene.

5:00 Ben – Role Play: Employment/Interview Skills

Have students play "The Good, The Bad, and the Ugly." One student is assigned for each of the 3 categories and is lined up in a row. The instructor will begin by asking "The Good" a question/for advice, such as "I woke up late and am now going to be late to work. What should I do?" Students will respond freely based on their categorization. The advice should be very unhelpful and on the wild side by the time it gets to "The Ugly".

5:20 MC – Game #2: Slow Motion Tag

Slow Motion Tag: This game is exactly what it sounds like: your students play tag, but in extreme slow motion. Before you do anything, explain to your students that everything must be in slow motion. Then practice with them as a group. Have them move around in their space in slow motion. Laugh in slow motion, talk in slow-motion, walk across the room in slow motion. This is a great way to let students really explore movements. Nothing can be done in a sudden movement. Encourage your students to be silly and overdramatic.

5:35 Jillian – Devising

Continue devising work from previous day's rehearsal in groups/pairs.

5:55 Katie Goodbye Circle

Thursday, June 13

4:30 Jamie – Heartbeat Circle/Warmup: 8 Count Shake

4:45 Katie – Game #1: Bus Stop

1. Create a row of chairs on stage (a bench).
2. Three at a time, students will enter the stage, sit and wait for the bus for a while, then one at a time give up waiting and exit.
3. Before each student enters they will draw a character from a bowl.
4. The goal is to put that character into every part of their bodies and convey specific behaviors while in the scene.
5. After they exit the audience can guess the character of each actor.

5:00 Jillian – Role Play: Living Independently

Living Independently Skills

Split up into small groups. Everyone gets one of the following scenarios and has to write a short scene based on how they would handle the situation. Bring back to group to share.

Scenario options:

- Your car broke down last night and is in the shop, so how are you going to get to work?
- Your roommate is keeping you up all night with his/her video games and music, what do you do? Do you say something? If so, what do you say and how do you say it?
- Laundry Day! Now what?! What do you need and how does it get done? What do you do if there's not a washer and dryer in your home?
- Spaghetti is for dinner! How do we practice safe kitchen procedures with an oven?

5:20 Max – Game #2: Led by the Nose

Students imagine that strings are attached to various parts of their bodies. They move about the room led by that part. Example: right thumb, nose, knees. Eyelashes etc. Works well if students are paired first and led by another person.

5:35 Ben – Devising

Continue working in groups/pairs on sketches.

5:55 Katie – Goodbye Circle

SUPPLIES NEEDED:

- **Index cards or slips of paper listing different emotions and characters and a container to put them in**
- **Ball**
- **Copies of “living independently survey”**